



Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____ Occupation _____

Phone _____ Email _____

Emergency contact name _____ Emergency contact phone _____

How did you hear about us? _____

Rate your stress level (1 = low, 5 = high) **1 2 3 4 5** Is this your first facial or waxing? **YES NO**

Are you currently under the care of a physician? *Please explain.* _____

List any medications you are currently taking (oral and topical). _____

Do you have any of the following? metal implants body piercings pacemaker contacts

Have you ever had any of the following? chemical peel microdermabrasion botox other _____

Do you use products that contain any of the following acids? Vitamin A lactic acid hydroxy acid glycolic acid

Please explain any allergies. _____

Any skin sensitivities or irritants? *Please explain.* _____

I would prefer my esthetician wear gloves throughout my service today: **YES NO**

The following information relates to The Clinical Facial and/or any Dr. Dennis Gross flash peel incorporated into another facial.

The Alpha Beta® Face Peel Professional System is a safe and highly effective treatment but may cause some individual sensitivity.

Prior to the Alpha Beta® Face Peel Professional System, please note the following:

- I am not currently taking and have not used Retin-A®, Renova®, Differin®, Tazorac®, prescription strength Benzoyl Peroxide, Avita® for 48 hours prior to this treatment.
- I am not currently taking and have not used Accutane® for 4 weeks.
- I have avoided sun exposure for 24 hours prior to this treatment.
- I have not waxed the treatment area in the past 5 days.
- I understand the treatment contains salicylic acid. I am not allergic to aspirin. I understand that if I was, I should not receive this treatment.

The Alpha Beta® Face Peel Professional System cannot be performed on areas with any form of dermatitis; this includes rashes, open wounds, eczema and psoriasis.

Following the Alpha Beta® Face Peel Professional System, it is important that you understand the following:

- Avoid application of toners containing alcohol or Benzyl Peroxide for 12 hours after the treatment.
- Avoid the use of the Alpha Beta® Daily Face Peel, Retin-A®, Renova®, Differin®, Tazorac®, prescription strength Benzoyl Peroxide, Avita® for 24 hours after the treatment.
- You should wait 24 hours before using products containing active ingredients or performing another facial.
- Excessive flushing of the skin is strongly discouraged within 24 hours of the Alpha Beta® Facial. This includes swimming, sauna, or intense aerobic activity.
- Limited sun exposure is permitted after the Alpha Beta® Facial with consistent reapplication of SPF 30 or higher protection.
- Avoid facial waxing for 5 days following Alpha Beta® Facial.
- Your skin may appear pink immediately after the treatment. Your skin may also flake or peel for a few days following the Alpha Beta® Face Peel Professional System.

I agree that I have read and understand the above.

I understand that the services offered are not a substitute for medical care, and any information provided by the therapist is for educational purposes only and not diagnostically prescriptive in nature. I understand that the information herein is provided to aid the therapist in giving better service and is completely confidential. I understand that it is my responsibility as the client to notify the therapist, should any of the information included here have changed. I understand that cancellations require a 24-hour notice and I will be charged full price if I do not notify the therapist within a proper time frame.

Client Signature _____ Date _____

Therapist Signature _____ Date _____